**‘How do you provide feedback to individuals?’**

Please find below transcript for the video ‘How do you provide feedback to individuals?’ This video features sports coach Jason Hui. The full video can be [found on YouTube here.](https://youtu.be/BM07PMrsxVM)

**Transcript**

**“**Depending on the type of individual and what type of feedback they need, and their learning styles, I'll give them a certain target usually and see if they can meet those targets.

In terms of badminton as a whole [that target] maybe [to] provide a certain shot quality or maybe do a certain exercise within in a certain amount of time. And then trying to proceed with that. So with badminton if they're playing certain shots I'll try and get them to play the same shot consistently - 9 out of 10 times in a row - and then they can assess how reliable their shot-making is.”