

You have now left the main British Psychological Website - [return to the main site >>](#)

[Home](#)
[Return to Main BPS Site](#)

You Are Here: [Home](#) > [Conference Proceedings](#) > [2012 Social Psychology Section Annual Conference](#)
> [Self-compassion and rejection sensitivity](#)

Conference Proceedings

Abstract Details

2012 Social Psychology Section Annual Conference

Conference Venue: University of St Andrews
Social Psychology Section

From: 21 Aug 2012
To: 23 Aug 2012

Individual Paper(s)

Self-compassion and rejection sensitivity

Hakan SARIÇAM
Aralık University, Turkey

Enes ERGÜN
Canakkale 18 Mart University, Turkey

Halis SAKIZ
Esenyurt Guidance and Research Center, Turkey

Objectives: The purpose of this study is to examine the relationships between self-compassion and rejection sensitivity.

Design: Self-compassion and are current concepts in social psychology and positive psychology. Preliminary evidence suggests that self-compassion is related to cognitive based social personality traits such as extraversion, social connectedness, self-determination, and feeling interpersonally connected to others. Also, rejection sensitivity is very important factor for interpersonal relationship. I wonder, are there any relation between self-compassion and rejection sensitivity.

Methods: Participants were 220 university students who were enrolled at a mid-size state university in Turkey. In this study, the Self-compassion Scale and the Rejection Sensitivity Scale were used. The obtained data was analysed with Pearson momentler correlation analysis, multiple linear regression and path analysis.

Results: In correlation analysis, self-kindness, common humanity and mindfulness sub-factors of self-compassion were found negatively related to rejection sensitivity. On the other hand, self-judgment, isolation and over-identification factors of self-compassion were found to be positively correlated to rejection sensitivity. According to regression analysis results, rejection sensitivity was predicted negatively by self-kindness, common humanity and mindfulness. Further self-judgment, isolation and over-identification predicted rejection sensitivity in a positive way.

Conclusions: This research shows that self-compassion has a direct impact on rejection sensitivity. Namely, self-compassion is very important predictor for rejection sensitivity.

[Back to Conference Details](#)

[^ Top of Page](#)

[Contact Details](#) | [Privacy](#) | [Legal](#) | [Accessibility](#) |
© Copyright 2000-2014 The British Psychological Society